

CONNECTIONS

All Saints Episcopal Church Monthly Newsletter

LENT 2023

The season of Prayer, Fasting and Almsgiving



Minnesota Food Share



The March Minnesota Food Share Campaign provides a wonderful opportunity for almsgiving, one of the Lenten practices in preparation for Easter. Please read the article by Marshall Hansen on page 4 to learn more about how you can contribute to the Community Action Center Food Shelf this month.

What's inside?

- p.2,3 Father Cody, Jr Warden Laura Kay articles
- p.4 Outreach updates, Clergy conference
- p.5 Music, Calendar
- p.6 Shrove Tuesday Pancake Supper pictures
- p.7 Shrove Tuesday Burying the Alleluia pictures
- p.8 Ash Wednesday, Snow removal pictures
- p.9 ECW news, Confirmation update, Lent
- p.10 Episco-Speak
- p.11 Episco-Speak continued, ECMN
- p.12 March readings; Birthdays, Anniversaries

Welcome to All Saints

Masks are welcome but not required during the service. Service will continue to be available at 10:30am at allsaintsnorthfield.org

CONTACTS & OFFICE HOURS

419 Washington Street
PO Box 663
Northfield, MN 55057
Office - 507-645-7417

Email:

office@allsaintsnorthfield.org

Website:

www.allsaintsnorthfield.org

In Case of Emergency

Priest in Charge Cody Maynus
can be reached at
(320) 247-9277

Office hours;

Tues., Wed., Thurs. 9:00AM - 12:00PM
Hideaway Cafe: Wed. 1:00PM-3:00PM
or by appointment

The Church Office is open
Monday through Thursday
9:30 until 12noon
Staffed by volunteers

All Saints Episcopal Church is a parish in
the Episcopal Church of Minnesota
ECMN Offices :
1101 W Broadway Avenue Minneapolis,
MN 55411

Website: www.episcopalmn.org
Phone: 612-871-531



Priest-in-Charge
Father Cody Maynus

'What are you giving up for Lent?' has become a common refrain, not only in churches but in the broader American cultural milieu as well. When I was growing up, one of my friends decided one year to 'give up' church for Lent. Let's say that his parents and his pastor weren't too pleased by that decision (and he quickly shifted to the evergreen offering: chocolate.)

While giving something up during Lent is a deeply traditional practice—more on that later—that's not the primary purpose of this holy season. For Christians, the season of Lent is about renewal. In fact, the word Lent comes most directly from the Old English word *lencten*, which means 'spring.' (The connotation of *lencten* with spring comes from the Old High German phrase *lengizin manoth* which means 'long days,' as it is during the Spring when the days begin to lengthen toward their peak at the summer solstice.)

Lent is the Church's season of spring cleaning. It is our opportunity to take stock of ourselves and our lives. We are given the opportunity to re-commit to things which are good and lifegiving and toss out those things which aren't. In order to help us with this process of spring cleaning—of making right that which has gone astray, of taming that which has gone feral—the Church has historically given us three practices: fasting, prayer, and almsgiving.

We fast—or give something up—during the season of Lent, not because food or alcohol or social media or whatever is inherently bad. We fast because sometimes those things can become our masters, because they can sometimes put us out of relationship with ourselves or with our neighbor. When the love or use of something—even something that is good!—comes between us and ourselves, us and our neighbor, or us and God, it has got to go. Fasting helps us refine this. Am I spending too much time on Facebook or Twitter when I should be praying or helping out around the house? Am I contributing to a global food shortage or drinking coffee harvested by farmers making less than a penny per pound?

And we pray during the season of Lent because intimacy with God helps us know the will and love of God better. When we are able to rest in God—to recline our heads on God's bosom and rest for a while—we are able to better see our true identity as God's children, as God's beloved ones, as ones who bear the cross of Christ on our foreheads. Prayer is our ability to orient ourselves properly with respect to the world: we are God's. We are claimed in baptism. We are washed in the font of everlasting life and nourished at the table of grace.

And we give alms during the season of Lent because we know that there are those throughout the world—our own sisters and brothers and siblings—who are struggling, who are suffering. We give to others because we know that we can. St Basil says that the rich person who ignores the poor is a thief because all people, by virtue of being alive, have equal claim to the fruits of the earth. We give alms during Lent in order to right the wrong which consumption and competition have wrought, to redistribute our comfort to those who are without comfort.

Father Cody Maynus, continued

We fast and we pray and we give alms because these things re-orient us toward God and our neighbor. They cause us to pause and be intentional about how we're going to be in relationship with God and with our neighbor. We do these things during this holy season because we recognize that from time-to-time we give in more strongly to these thoughts and temptations, to these things which separate us from God and one another.

The good news is that God is our true master. It is God who creates us and gives us life, not these thoughts or devils. And it is precisely in God's character to have mercy, to encourage us turn from our sins—to ignore these thoughts and temptations, to kick the devil square in the teeth—and return to God and return to our neighbor, to re-orient ourselves towards love.

May this holy season be a time of spring for you. May you experience renewal and refreshment in your spiritual lives. May you turn away from that which is distracting and more deeply embrace yourselves and one another as beloved children of the Most High God. Happy and holy Lent, my dear friends!

Bless you today and always,
Fr. Cody+

**Junior Warden
Laura Kay Allen**

I would like to thank the All Saints Vestry for electing me as the Junior Warden. In the months ahead, please contact me with any questions or concerns you have about the physical spaces in the church and I will do my best to address them or steer them in the right direction. A huge thank you for Pam Middleton's willingness to answer Junior Warden questions that I have and for giving me suggestions for my new assignment. Mark and Cody are already very encouraging and I am grateful to them. Here are a few of the things that I have done to date:

- Connected with our Sexton, Dave McGuire, both in person and through email. I am so happy that the church can rely on his experience.
- I have been in touch with Bob and Rhonda Rowe who assist the church by purchasing cleaning supplies which has been and will continue to be a wonderful contribution.
- Checked in with Paul Pieper and learned that he will continue to assist the church by picking up salt for the water softener. So grateful to Paul!
- Communicated with Chris Ennis - Chair of the Green Team. I will be attending their meetings when possible and will work closely with Chris and the team.
- And of course, like all of us at church, I have benefited from those that have shoveled us out during our last heavy snows. This is essential work that is done and all of us at All Saints are thankful for this important effort.

All Saints has always been what I call "a church that works"! And it works well because of all of the things that folks do behind the scenes. There are SO MANY parishioners that assist the church and make vital contributions during each of our winter, spring, summer and fall seasons. We are grateful to ALL!

COMMUNITY OUTREACH

**March is the month when we must help restock Minnesota's food shelves.**

Submitted by Marshall Hansen

Each year All Saints joins many other churches and businesses in Northfield to help restock and raise money for our Community Action Center Food Shelf. Last year we raised over \$2000 and nearly one hundred pounds of food during the March FoodShare campaign. Let's do it again! This is really just another form of "Minnesota nice". The March FoodShare is an annual grassroots Minnesota tradition that goes back over 3 decades and is one of the things that makes Minnesota the outstanding state that it is.

Low income families in Minnesota are struggling. The lingering pandemic and inflation caused an 80% increase in visits to Rice County food shelves last year. Do you agree that everyone should be able to afford healthy food and that no one in Minnesota—or anywhere!—should go hungry?

Good! We are in this together! With our help, the Minnesota March FoodShare and our CAC are, in addition to feeding people, pursuing long term remedies that address supply, education, advocacy, urban planning, racial justice, and faith. Sound worthy of our help? You bet! All Saints has teamed with Northfield's CAC for over 20 years, and there is more work to do.

Please note that monetary donations to local food shelves during March each year are used to determine the amount of additional support each receives from the state FoodShare program. Also, monetary donations (rather than actual food items) allow the CAC to purchase far more quantities wholesale than you or I can buy retail.

Additionally, cash allows the CAC to obtain exactly what is needed at any given time. So, donations of money are what help the food shelf the most. This month (March) please write a check to All Saints with "Food Shelf" on the memo line and mail it to the church office or place it in the offering plate during the next five Sundays. Our goal is \$2000 again this year.

For those who enjoy choosing and purchasing specific food items for the food shelf, you can still do that, too! Use the basket near the sanctuary entrance, and be assured that the food shelf will still accept your donation with sincere gratitude. Thank you, everyone! Many Rice County families with children and elderly members thank you also!



Father Cody and Deacon Cassandra attended the ECMN Clergy Conference near Brainerd, and enjoyed ice fishing with Bishop Loya and connecting with Reverends Gayle and Peter, among others! Also, Cassandra led the clergy in a service of morning prayer!



MUSICAL OFFERINGS!

Irish Harp and St. Patrick's Day(s)



What is more appropriate for St. Patrick's Day on Friday, March 17th, than an Irish (Celtic) Harp? Richard Collman will be playing his harp on Friday evening at the Cottage Tea Room on Bridge Square from 7 to 8 p. m. Come for Irish harp music, a light supper, green key lime pie, and good tea.

The Northfield Library will be hosting Richard at 2:15 p. m. on Saturday March 18th in the atrium. There will be more Irish harp music, followed by a Scottish piper and then Tim Madigan lecturing on Irish history. These events will conclude about 4:30 p. m.

All are invited to either or both events in celebration of St. Patrick and Ireland.

Piano Salon

Sunday, March 26

Richard Collman will present a piano program on Sunday, March 26, 3:00 P. M. in the Fireside room at All Saints. He calls this a salon since it will be an afternoon of varied music in a lovely setting of intimacy featuring the Yamaha piano gifted to the church from Steve Loger and his family. The piano was recently refurbished, regulated, and tuned.

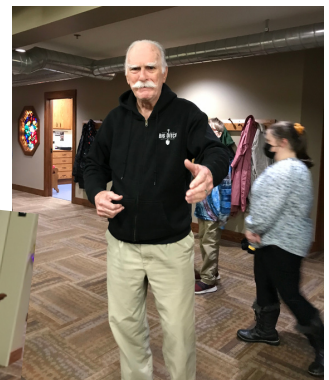
The program will feature a wide variety of music, classics from Bach, Chopin, Brahms and Rachmaninoff, some Fats Waller (stride piano), a "demented" waltz, a furioso polka, and a Scott Joplin rag. In other words, something for everyone! The program will be slightly less than an hour. This piano salon might be followed by a "low English tea" yet to be defined.

All Saints members and friends are invited for an afternoon of very interesting music.

MARCH

- | | |
|----|---|
| 1 | Lenten Simple Supper & Discussion- 6:00pm |
| 8 | Outreach Meeting- 8:30am |
| | Lenten Simple Supper & Discussion- 6:00pm |
| 12 | Vestry, noon |
| | Daylight Saving Time- change your clocks! |
| 15 | Lenten Simple Supper & Discussion- 6:00pm |
| 22 | Lenten Simple Supper & Discussion- 6:00pm |
| 26 | Piano Salon, 3:00pm |
| 28 | Altar Guild meeting, 5:00pm |
| 29 | Lenten Simple Supper & Discussion- 6:00pm |

SHROVE TUESDAY PANCAKE SUPPER!



BURYING THE ALLELUIA! AN ALL SAINTS TRADITION

Fr. Cody also introduced us to blessing the Alleluia with holy water! The children also felt blessed!





Fr. Cody welcomed all to join us for the Ash Wednesday service

Minnesota's Historic Winter Storm!

The Ash Wednesday service was moved to 12noon from 7pm because of the snow storm.

Thank you to all of our Snow Removal helpers who cleared the snow for Shrove Tuesday, Ash Wednesday and for the first Sunday in Lent. Pictured below are neighbor, Clint Cowan; our paid snow removal person, Tyler Green; Abe Hansen and Joe Peterson. Not pictured are Richard Collman, Marshall Hansen, Cody Maynus and Pam Middleton.



Joe Peterson



Tyler Green



Clint Cowan



Joe Peterson



Abe Hansen

Save the Dates

Confirmation Spring 2023!



Liz Campbell and Soren Murphy-Pearson will be confirmed on Saturday, April 29 at 2:00pm at the Cathedral of St. Marks in Minneapolis. They have been mentored by Rhonda and Bob Rowe for several years as they prepare for confirmation. Please plan to join us as we celebrate with them at the cathedral.



On Sunday, April 23rd, All Saints will hold a special coffee hour/reception as we show our love and support for Liz and Soren as they become confirmed!

EPISCOPAL CHURCH WOMEN ECMN ECW



May 27, 2023
Spring Meeting 10-12 AM
Trinity Church in Anoka
followed by
Luncheon and Fun and Fellowship



Simple Soup Suppers

6:00pm

Lenten Discussion: 6:30

March 1, 8, 15, 22 & 29



Please join us for a simple meal and fellowship, followed by a video and discussion led by Fr. Cody!

Candlemas

Presentation of Jesus at the Temple

Thank you to Laura Heiman for providing beeswax candles for our Candlemas Service. Our crucifer, Miriel, and our torchbearers, Melody and Kalie, were thrilled to take one home!



Update from Pam Middleton:

Fernan and I want to thank everyone for your prayers and support for the last two months since Fernan was treated for a pulmonary embolism. He is finally doing much better! We are both so grateful to you all!

Episco-Speak

A Guide to the Language of Episcopalians

Submitted by James Young

You say you don't know your apse from your clerestory? Well, don't despair! Help is here. Each month I will attempt to dazzle you with my command of the vocabulary of Anglicans and Episcopalians. If there is some term or concept about which you want to learn more, I will also take requests. Please contact me!!

This month: Just how long is Lent?

Yes, I know that this is a rerun, but it bears repeating because it can be confusing!

The number forty is, in our faith heritage, an auspicious number. The rain of the great flood fell on Noah's ark for forty days. The people Israel sojourned in the desert for forty years before entering the Promised Land. Jesus fasted, prayed and was tempted in the wilderness for forty days.

Do you sense a theme here? Yes, Lent lasts for – if you guessed 40 days you are correct! BUT, have you ever tried to count the 40 days of Lent on the liturgical calendar? If you start on Ash Wednesday and go to Holy Saturday (Easter Eve) you get not forty but forty-six days. How can that be? All Sundays, even those in Lent, are considered little days of Resurrection. So if you subtract the six Sundays of Lent (Lent 1-5 & Palm Sunday) you get forty!

That is why, for example, when we have had coffee hour in pre-pandemic times, we might have tried to offer more modest ones on Sundays in Lent. They are still days of Resurrection and celebration – though quieter ones than usual when compared to the rest of the year.

Also This month: An Extra Installment of Episco-Speak!

In this special installment of Episco-Speak, I wish to introduce you to an ancient service associated with Holy Week called Tenebrae. The service is found in our Book of Occasional Services (BOS). The section in italics is an extended quote from the BOS introduction to Tenebrae. What follows that are a few concluding thoughts of my own concerning the service and its place in the events of Holy Week.

The name Tenebrae (the Latin word for “darkness” or “shadows”) has for centuries been applied to the ancient monastic night and early morning services (Matins and Lauds) of the last three days of Holy Week, which in medieval times came to be celebrated on the preceding evenings.

Apart from the chant of the Lamentations (in which each verse is introduced by a letter of the Hebrew alphabet), the most conspicuous feature of the service is the gradual extinguishing of candles and other lights in the church until only a single candle, considered a symbol of our Lord, remains. Toward the end of the service this candle is hidden, typifying the apparent victory of the forces of evil. At the very end, a loud noise is made, symbolizing the earthquake at the time of the resurrection (Matthew 28:2), the hidden candle is restored to its place, and by its light all depart in silence.

Episco-Speak continued

Here the BOS has placed Tenebrae on Wednesday evening of Holy Week so as not to distract from the flow of the Holy Week liturgies of Maundy Thursday and Good Friday. The BOS has drawn on the materials of the three monastic offices so that the contemporary version may serve as an extended mediation on and prelude to the events of our Lord's Passion which leads us ultimately to the Resurrection.

In his Ash Wednesday sermon, Fr. Cody said that our appreciation of the season of Lent must start with Christmas. Similarly, I feel deeply that we cannot most fully appreciate (though never understand!) the power and mystery of Resurrection without experiencing the liturgies of Holy Week. Tenebrae is our entry into that fateful journey. I sincerely hope that you will join us in this sacred journey which, as the old spiritual says, "Sometimes it causes me to tremble."

A blessed Holy Week and Easter, dear friends in Christ!

Next Month: Pascha/Paschal (No, not the French mathematician & philosopher!)
Stay tuned for another thrilling installment of Episco-Speak!



From Bishop Loya; Practice Showing Up
March 8, 2023

Over the next three Sundays in Lent, our gospel readings are from John. They are all long, winding passages, full of contrast and paradox: blindness and sight, darkness and light, death and resurrection. They all are more like poetry that leaves an impression than essays that proceed in an orderly way to a clear conclusion.

In each of them, a key question is what it means to believe in Jesus. We generally assume that "belief" refers to something we do with our brains. We think a thing is either true or it is not. But in John's gospel, belief, or faith, is fundamentally relational. It's a commitment to a person more than assent to an idea.

Like any significant relationship in our lives, faith in Jesus is a practice and a journey. When we love a friend, a spouse, a child, or anyone else, it requires us to show up consistently, to practice being with them, to bring our whole selves to them. It's not something that you either get right or you don't, it's about faithfully showing up over time.

I hope you will hear that as an invitation to extend the same kind of grace to yourself that God does as you go through the natural seasons of your own journey of faith. What counts is not what you think or feel in any given moment, but that we keep showing up, with God and with one another, through prayer, through deep relationships, through reading and hearing the scriptures. Little by little, step by step, God works through every time we make ourselves available to God to ground our souls and lives more deeply in Jesus, so that we show up as disciples and a church that looks and acts like Jesus wherever we are.

I look forward to simply showing up with the strange, complex, challenging gospel readings these last weeks of Lent, simply consenting to the Jesus who shows up there, and shows us the utter fullness of God's liberating love.

All Saints Vestry and Committee Chairs

SR. WARDEN	Mark Heiman
JR. WARDEN	Laura Kay Allen
CO-TREASURER	Larry Archbold
CO-TREASURER	Pam Middleton
CLERK	Rhonda Rowe
AT LARGE	Dick Brown
AT LARGE	Richard Collman
AT LARGE	Joe Peterson
AT LARGE	Liz Truman
PRIEST IN CHARGE	The Rev. Cody Maynus
DEACON	The Rev. Cassandra Cook-Quarry
ECMN DELEGATES	Laura Kay Allen
	Mark Heiman
ORGANIST-CHOIR DIR.	Katie Gunn
SEXTON	Dave McGuire
SUNDAY SCHOOL	Pam Middleton
YOUTH GROUP	Pam Middleton
CONFIRMATION	Rhonda Rowe
	Bob Rowe
ALTAR GUILD	Bonnie Sherman
CANTERBURY	Mark Heiman
	Betsy Brandt
CONNECTIONS TEAM	Pam Middleton
	Mary Jones
	Rhonda Rowe
HOSPITALITY	Pam Middleton
OUTREACH	Mary Jones
WEBSITE DESIGN	Mark Heiman

THE
Episcopal
CHURCH



March Readings

5	Genesis 12:1-4a Romans 4:1-5, 13-17 John 3:1-17 Psalm 121
12	Exodus 17:1-7 Romans 5:1-11 John 4:5-42 Psalm 95
19	I Samuel 16:1-13 Ephesians 5:8-14 John 9:1-41 Psalm 23
26	Ezekiel 37:1-14 Romans 8:6-11 John 11:1-45 Psalm 130

BIRTHDAYS

March	1 Ann Campbell
	4 Betsy Brandt
	8 Bob Will
	11 Carolyn Dilley
	13 Robert Neuhaus
	14 Greg Gudbjartsson
	16 Nica Ranzau
	19 Sunny Leonard
	24 Tom Campbell
	24 Sasha Sherman Garcia
	31 Linda Gleason